



New Day: for children of divorce

In the night there are many tears, but joy comes in the new day.

CenterPoint Counseling – Second Presbyterian Church
7700 N. Meridian St. Indianapolis, IN 46260 – 317.252.5518 – 317.259.5718 (fax) – NewDay@CenterPointCounseling.org (email)

Welcome to New Day!

Dear Potential New Day Participant,

Thank you so much for your interest in participating in the New Day Program. We are anxious to get to know you and your family as we begin a new journey together.

As you probably know, New Day is a directional support group for children and families of divorce. Our goal is to help children (and adults) develop and gather the tools they will need to move through their current and on-going grief as it relates to their divorce experience in a healthy way. Because we recognize that each child and person will move through their grief at their own pace and in their own way, New Day is an open-ended group. Children and families can enter and re-enter New Day based upon their needs, developmental levels and stages of grief.

Program Nights for New Day take place the 2nd & 4th Tuesday evenings of each month (September-May) at Second Presbyterian Church. You will come together at 6:00 pm with other family participants and shortly thereafter breakout into age appropriate groups led by trained facilitators. Each evening will end at 7:45 pm.

In order to enroll in the New Day Program, there are three (3) steps to follow:

Step One: Fill out the enclosed **application** and **send it back** to: Jennifer Murphy
New Day Program
7700 North Meridian Street
Indianapolis, IN 46260

Step Two: After we receive your application, CenterPoint Counseling will contact you. If you do not hear from them within two weeks, please call 317.252.5518 to schedule a **brief interview** with New Day staff.

Step Three: After you have completed the interview process and both you and the New Day staff agree that the program will meet the needs of your family, you will be informed of your start date.

Although the New Day Program is free of charge, you must be enrolled in the program and have attended a brief intake interview to participate in a Program Night. If you are interested in withdrawing from the program, you must notify New Day staff as soon as possible to make the appropriate arrangements for families on our waiting list. If you miss multiple Program Nights in a row, and do not contact New Day staff, we will assume this is not a convenient time for your family and will remove you from the active roster. Because New Day is an open-ended group and families can enter and re-enter as needed, you will be able to re-enroll in the program based on space availability.

In addition, please be aware that one goal of New Day is to encourage and help parents work toward co-parenting as much as possible, while maintaining a “safe emotional environment.” Therefore, both parents are invited to come to New Day as long as they attend different adult groups. **If the second parent is planning to attend, they must fill out the “2nd Parent Participant Application” and also attend an intake interview.**

We are thankful to have the opportunity to provide this type of forum for you and your family. We are hopeful that your experience with us will be the resource you need to begin to heal. We look forward to getting to know you. If you have any questions, please do not hesitate to contact New Day staff by email (NewDay@CenterPointCounseling.org) or by phone at 252-5518. We look forward to hearing back from you. Again, thank you!



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Participant Assessment Form

Date: _____

Parent/Guardian #1 Contact Information:

First Name: _____ Last Name: _____ Date of Birth: _____

Street Address: _____

City: _____ State: IN Zip: _____

Email: _____ Home/Cell Phone: _____

Employer/Occupation : _____ Work Phone: _____

How did you hear about us? _____

Are you enrolling your child/ren in the New Day Program? Yes No

Are you enrolling yourself in the New Day Program? Yes No Unsure

Does the other parent plan to attend New Day program nights? Yes No Unsure

Please list the dates that your most recent and any previous divorces were final: (Note: If your divorce is not yet final, please indicate when your divorce was filed.) Also, please indicate who filed for the divorce.

Date Filed or Final	Who Filed?	Status? (Final or Pending)
_____	_____	_____
_____	_____	_____
_____	_____	_____

I understand that New Day is not a therapeutic or counseling program, but a directional support group. I, hereby, indemnify and hold harmless CenterPoint Counseling, the New Day program and Second Presbyterian Church from any and all issues that may arise by my enrolling myself or my child/children in the New Day program.

Again, please be aware that one goal of New Day is to encourage and help parents work toward co-parenting as much as possible. If you share physical and/or legal custody with your ex-spouse we strongly encourage you to inform them of your intended participation and have them sign before you enroll your child/children in the New Day program.

Signature of Parent/Guardian #1

Date

Signature of Parent/Guardian #2

Date

Parent/Guardian #1 Information Continued:

1. Current Marital Status: ___currently married ___separated and going through a divorce
 ___divorced and single ___divorced and dating

2. Briefly describe the circumstances of your most recent divorce and your current relationship with your ex-spouse. Please indicate if the divorce was amicable, hostile, neutral, and if any protection orders are in place?

3. Briefly describe what type of custody arrangements you have with your ex-spouse.

4. Are you a child of divorce? Yes / No

5. At the time of your most recent divorce, were there pets in the home? Yes / No

6. If yes, please list the names of each pet and with whom each is living:

Pet Name	Type of Pet	With Whom is Pet Living
_____	_____	_____
_____	_____	_____
_____	_____	_____

7. Please list the members of your current household (in order of age):

Name	Age	Relationship to Family (i.e. mother, stepfather, child #1, etc)

Personal Support & Spiritual Profile:

1. Please define your personal support system. Who do you talk to when you need positive support?

Personal Support System	Spouse/ Significant Other	Mother	Father	Children	Adult Relative	Friend	Sibling	Other
<i>Please check</i>								

2. Have you or any member of your family ever been involved in the following services?

Systemic Support System	Support Groups	Religious or Spiritual Groups or Guidance	Treatment Programs	Mental Health Counseling	Anger Management Classes	Family Counseling	Other
<i>Please check If yes, please explain when and where.</i>							

3. Do you consider any of the following as support resources?

Institutional Support System	Neighborhood	Church, Synagogue or Congregation	School	Other
<i>Please check</i>				

4. Do you consider faith to be a resource for your family? Yes No

5. Which of these elements have been helpful to you and/or your family?

- | | | |
|---|---|---|
| <input type="checkbox"/> Prayer | <input type="checkbox"/> Worship Services | <input type="checkbox"/> Pastoral Visits/contacts |
| <input type="checkbox"/> Devotional Books/ Readings | <input type="checkbox"/> Scripture Lessons/ Bible Study | <input type="checkbox"/> Faith Discussion Groups |

6. Do you consider yourself to be a member of any particular church/synagogue denomination? Yes / No
If yes, which (i.e. Baptist, Methodist, Presbyterian, etc...) _____

7. Do you or your family have a congregation home? Yes / No
If yes, what is the name of your congregation? _____

8. To help us understand how we may better serve you, please explain your faith journey throughout your divorce. (i.e. Were you or your family able to find comfort or support through the church? Was the church a resource that you considered as a source of support before, during and after your divorce? What about now? What is your family's faith like? Etc...)

9. Are there any additional comments that you feel may be important in helping us understand your current faith journey?

**Parent/Guardian #2 Contact Information: Please complete to the best of your knowledge.
New Day will only contact Parent/Guardian #1. However, the following information is required.**

First Name: _____ Last Name: _____ Date of Birth: _____

Street Address: _____

City: _____ State: IN Zip: _____

Home Phone: _____ Work Phone: _____ Pager: _____

Cell Phone: _____ Email: _____

1. Current Marital Status: currently married separated and going through a divorce
 divorced and single divorced and dating unknown

2. If he/she has been divorced more than one time, please list the dates each divorce was final:

3. Is he/she a child of divorce? Yes No

4. Please list the members of your ex-spouse's current household (in order of age):

Name	Age	Relationship to Family (i.e. mother, stepfather, child #1, etc)

Child **Please make additional copies of pages 5-6 for EACH child.**

First Name _____ Last Name _____ MI _____

Date of Birth _____ Age _____ Sex: F M Race: C AA H other _____

Current Grade: _____ School: _____

Physician Name: _____ Physician Number: _____

Hospital Preference: _____

Emergency Contact & Phone: _____ Relation to Child: _____

Emergency Contact & Phone: _____ Relation to Child: _____

1. What age was child at the time of the divorce? _____

2. Who does child talk to when they need positive, emotional support?

Child #1 Support System	Mother	Father	Adult Relative	Friend	Sibling	Teacher	Other
<i>Please check</i>							

3. Has child ever been involved on any of the following services?

Systemic Support System	Support Groups	Religious or Spiritual Groups or Guidance	Treatment Programs	Mental Health Counseling	Anger Management Classes	Family Counseling	Other
<i>Please check</i>							

4. Please list any physical disabilities your child may have.

5. Please list any medications your child may currently be taking and for what reason.

Medication	For What Reason

6. Please list any health concerns you have about your child as they relate to your child's participation in the New Day program.

7. Briefly describe your child's current school experience (i.e. relationship with teachers, grades and school work, concentration, relationship with peers, etc...).

8. Briefly describe how your child is currently functioning at home (i.e. relationship with sibling/s, relationship with parent/s, etc...).

9. Briefly describe your child's current peer relationships (in and outside of school).

10. As a parent, what do you believe are the greatest challenges for your child currently?

Participant/Family Statement of Commitment

As a participant of the New Day Program, I/we agree to the following:

- ❖ To take care of myself and understand that I will also be embarking on a journey of self-discovery and growth.
- ❖ To ask questions, be honest, and consistently communicate with the staff of New Day.
- ❖ To attend regularly and to notify New Day staff if we are unable to attend for any reason.
- ❖ To arrive on time for each Program Night in order to benefit fully from the experience.
- ❖ To stay within the building of Second Presbyterian Church during the entire New Day Program night. I understand that dropping my children off and leaving the premises is prohibited. In addition, children may not exit the building unless escorted by the parent/guardian they arrived with.
- ❖ To not bring individuals with me who are not registered participants as I am aware of the registration/interview process that is required before attending a program night.
- ❖ To notify New Day staff of any intent to discontinue my/our participation in the New Day program so they can begin the closing process and notify a new family of space availability.

New Day Rules & Regulations

The rules and regulations are in place so that everyone remains physically and emotionally safe at New Day.

1. "I PASS"-Participants can pass anytime they don't want to talk.
2. "STOP AND I MEAN IT"- Participants, Facilitators, and Staff may say this when an individual is doing something that needs to be stopped.
3. CONFIDENTIALITY of participants is important. Therefore, for both children and adults, what is said in group stays in group.
4. Minors MUST be with an ADULT at all times.
5. If it is WET and NOT YOURS, then DON'T touch it!
6. RESPECT OTHERS- Allow others to tell their story, do not interrupt. No hitting of others, throwing hard objects, or hurting other's bodies, feelings, or objects.
7. TRANSITION ITEMS are the ONLY items permitted on program nights. All other items (i.e. toys, iPods, cell phones, video games, fantasy cards...etc.) must be left at home or with a parent/guardian.
8. Clothing displaying drugs, alcohol, profanity, or other inappropriate/revealing attire is prohibited for both children and adults. (Individuals will be required to change clothing or will not be permitted to attend New Day that evening).
9. ANY individual attending New Day who appears to be under the influence of alcohol and/or an illegal substance will not be permitted to attend New Day that evening. (The Director will be contacted immediately and appropriate action will be taken).

When any of rules 1-7 are broken, facilitators call a "rule break." When a rule or rules are consistently broken, a meeting including the director, participant and parent(s) will be held to discuss the importance of these rules regarding safety. If needed, a contract will be drawn up stating that if the young person breaks this rule again, the family will go back on the waiting list. This contract must be signed by the parent(s)/guardian(s), the young person, and the Director.

I have read, understand, and agree to the items outlined in the Statement of Commitment and the Rules and Regulations outlined above.

Signature of Parent/Guardian

Printed Name

Date